

alzheimer's  association®
San Diego/Imperial Chapter

Volunteer Job Description

Artistic Expressions volunteer

Overview:

- The Artistic Expressions class is designed for caregivers seeking creative activities to enjoy with the older adults they care for. This class teaches best practices for engaging persons with Alzheimer's disease in creative artistic expression. At the end of the class, participants are able to purchase an all-inclusive Alzheimer's Association Art Kit, which contains art supplies and an instruction manual containing step-by-step instructions for art projects.

Volunteer Role:

- To act as a volunteer representative of the Alzheimer's Association
- To assist in teaching a class consisting of best practices for engaging persons with Alzheimer's disease in art and a hands-on lesson from the Alzheimer's Association Art Kit

Responsibilities:

- Undergo volunteer orientation and specific training on the Artistic Expressions program with the Alzheimer's Association.
- Work with Community Education Manager to deliver the class

Experience / Skills / abilities:

- Experience of teaching art
- Knowledge of Alzheimer's disease
- Prior experience with persons with Alzheimer's disease or related dementias and / or caregivers of persons with Alzheimer's disease
- Excellent communication skills and ability to listen in a compassionate and non-judgmental manner

Requirements:

- Availability to teach up to two classes per quarter

Opportunities:

- Valuable and rewarding experience working with caregivers to help them engage their loved ones in art
- Working with the Alzheimer's Association
- Experience of team work